These trails were originally designed as cross-country ski trails but have since been designated as multi-use trails suitable for nonmotorized travel including mountain bikes, hikers, horses, and skiers. Since they were first designated as ski trails, there are some fairly rough sections of trail that may be challenging for summer trail users.

The trails are all accessed from trailheads along the Snowy Range Scenic Byway (Highway 130). There are many trails and roads in the Snowy Range which are suitable for nonmotorized travel, but it would not be practical to list all of the possible routes, so only the more popular trails located along Highway 130 are listed here.

**TRAIL DESCRIPTIONS**

#1 LIBBY CREEK TRAIL. This trail begins at the Green Rock Trailhead and is approximately 6 miles long round trip back to Green Rock. The trail follows along the ridge line of Libby Creek Canyon and then descends to Libby Creek. From the trailhead, the trail follows along the creek to Libby Falls and then climbs out of the canyon and onto the Barber Lake Trail. Users can either go back up to Green Rock or proceed down the Barber Lake Trail. It is rated as "most difficult".

#2 BARBER LAKE TRAIL. This trail is also rated "most difficult". The trail is almost entirely downhill and does not require a great amount of endurance, but does require skill as it winds its way down an exciting combination of old roads and ski trails. The trail is approximately 4.5 miles long and most users usually leave a shuttle vehicle at Barber Lake or Corner Mountain Trailhead. Very few users attempt to go back up the trail.

#3 LODGEPOLE LOOP, #4 MEADOW LOOP, AND #5 RIVER TRAIL. These trails are all accessed out of the Little Laramie Trailhead. They are all interconnected and provide a number of routes to choose from. Since they are interconnected, it is not practical to give a mileage for each loop. All together there are approximately 9.5 miles of trail. The terrain is mostly rolling with a few short steep stretches, with the overall rating of "more difficult".

#6 CORNER MOUNTAIN LOOP, AND #7 CAMP LOOP. These trails are also interconnected and are suitable for various abilities and activities. There are approximately 7 miles of trail which twist and turn through rolling terrain with several short steep sections. These trails are rated "more difficult".

#8 NORTH FORK TRAIL. This trail is accessed from either the Brooklyn Lake Road or Sand Lake Road just above the North Fork Campground. The trail is approximately 4.5 miles in length and is rated "most difficult".

#9 CENTENNIAL TRAIL. This trail is accessed from the Centennial Visitor Center at the Forest boundary. This trail consists of a one mile loop and a connector trail to the Libby Creek Campground and Corner Mountain trail system. It is rated as "easiest" and is a good trail for those who don't want a long trip.

**TRAIL ETHICS**

Practice light impact use on all Forest Service Lands so you and your friends can return time and again to relive the trail beauty of the wild. Here are a few basic rules.

**PETS:** Running dogs can harass wildlife and stock, and can cause conflicts with other visitors.

**HONK:** Make sure the other parties are aware of your presence.

**STOCK USE:**

- Stock must be kept under control at all times.

- Control your bicycle.

- Always yield to other trail users.

- Keep area litter-free and natural.

- General Rule: Pack It In Pack It Out

Disguise the sight and sound of your passage, leaving no trace that you were even there.

**CAUTION**

As a user of National Forest system lands, you have a significant responsibility for your personal safety and the safety of other users. Use the Forest Service interpretation of trail names and other information devices at your own risk. However, this system of trails and the variety of natural and nonnatural conditions limit the availability of signs and other specific warnings and recommendations. The risk of forest fires and other general information differs from location to location.

**TRAIL CLOSED:**

- Territorial trails are closed to stock due to their unique natural resources and other user concerns.

- Mountain bike riders must hike to the trailhead before riding on this trail.

- Wildlife notes: Please do your bit to protect wildlife and their natural habitats. This includes avoiding wildlife during their breeding season and keeping your distance from animals in the wild. Wildlife notes are available at trailheads.

- Mountain bike trails are closed to stock due to their unique natural resources and other user concerns.

- Stock must be kept under control at all times.

- Control your bicycle.

- Always yield to other trail users.

- Keep area litter-free and natural.

- General Rule: Pack It In Pack It Out

Disguise the sight and sound of your passage, leaving no trace that you were even there.

- The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, sex, pregnancy, religion, handicap, marital status, or political affiliation. To file a complaint of discrimination, write to USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410. To request a copy of the complaint form, call (202) 720-6382. Questions, comments, or suggestions should be directed to the nearest USDA Forest Service office or to the Forest Service headquarters at 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410. **TRAIL CLOSED:**

- Territorial trails are closed to stock due to their unique natural resources and other user concerns.

- Mountain bike riders must hike to the trailhead before riding on this trail.

- Wildlife notes: Please do your bit to protect wildlife and their natural habitats. This includes avoiding wildlife during their breeding season and keeping your distance from animals in the wild. Wildlife notes are available at trailheads.

- Mountain bike trails are closed to stock due to their unique natural resources and other user concerns.

- Stock must be kept under control at all times.

- Control your bicycle.

- Always yield to other trail users.

- Keep area litter-free and natural.

- General Rule: Pack It In Pack It Out

Disguise the sight and sound of your passage, leaving no trace that you were even there.

- The U.S. Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, age, sex, pregnancy, religion, handicap, marital status, or political affiliation. To file a complaint of discrimination, write to USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410. To request a copy of the complaint form, call (202) 720-6382. Questions, comments, or suggestions should be directed to the nearest USDA Forest Service office or to the Forest Service headquarters at 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410.
The Medicine Bow Rail-Trail is a non-motorized trail that has been converted from a portion of the abandoned Laramie, Hahns Peak and Pacific Railroad. Construction of trail began in the summer of 2005 and is expected to continue through the fall of 2007.

The Rail-Trail has a hard-packed gravel surface averaging 10 feet wide. Grades and curves are very gentle and suitable for users of varying abilities. The trail is 21 miles from the Pelton Creek Trailhead in the south to the Dry Park Trailhead in the north.

As of the spring of 2007, seventeen miles of the rail-trail have been substantially completed. Those sections are from the Pelton Creek Trailhead to the Woods Creek Trailhead (11 miles) and from the area of Foxpark to the Lake Owen Trailhead (6 miles).

The Pelton Creek, Woods Creek and Lake Owen Trailheads are open for use. All three have accessible vault toilets and picnic tables. Lake Owen has a hand pump for water.

The remainder of the rail-trail and trailheads will be under construction during the summer of 2007. Please be aware that there still may be some construction work at any point along the trail or at the trailheads while the finishing touches are being made.

TRAIL COURTESY

Trail Use

- Observe the system of courtesy yielding shown to the left.
- Avoid trail usage after heavy rains and during snowmelt.
- Mileages are approximate and should be used for general reference purposes only.
- Dogs are permitted on the trail, however the following must be observed in order to continue this privilege:
  -- Dogs must be leashed or under voice control at all times.
  -- It is the owner's responsibility to ensure that their dog does not interfere with other users' safety & enjoyment.
- Trailhead logbooks are for management and reference purposes. They are only checked for your return if someone reports you missing.
- The section of rail bed through the area of Foxpark is not open for public use. Please use Forest Roads 512 and 517 to avoid the private land.

Distances Between Trailheads in Miles

<table>
<thead>
<tr>
<th>Trailhead</th>
<th>Pelton Creek</th>
<th>Vienna</th>
<th>Woods Creek</th>
<th>Lincoln Gulch</th>
<th>Lake Owen</th>
<th>Dry Park</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pelton Creek</td>
<td>#</td>
<td>6</td>
<td>11</td>
<td>14</td>
<td>19</td>
<td>21</td>
</tr>
<tr>
<td>Vienna</td>
<td>6</td>
<td>#</td>
<td>5</td>
<td>8</td>
<td>13</td>
<td>16</td>
</tr>
<tr>
<td>Woods Creek</td>
<td>11</td>
<td>5</td>
<td>#</td>
<td>3</td>
<td>8</td>
<td>11</td>
</tr>
<tr>
<td>lake Owen</td>
<td>14</td>
<td>8</td>
<td>3</td>
<td>#</td>
<td>5</td>
<td>7</td>
</tr>
<tr>
<td>Dry Park</td>
<td>19</td>
<td>13</td>
<td>11</td>
<td>7</td>
<td>2</td>
<td>#</td>
</tr>
</tbody>
</table>

The United States Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, sex, religion, age, disability, political beliefs, sexual orientation, and marital or family status. (Not all prohibited bases apply to all programs.) Persons with disabilities who require alternative means for communication of program information (Braille, large print, audio tape, etc.) should contact the USDA’s Target Center at 202-720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Ave., SW, Washington, DC 20250-9410 or call 202-720-5964 (voice or TDD). USDA is an equal opportunity provider and employer.

The Medicine Bow Rail-Trail was developed in partnership with:
- Laramie Bicycling Network (Bikenet)
- Cycle Wyoming
- Wyoming Department of Transportation
- Federal Highways Administration
- U.S. Forest Service Century of Service Grant

USDA Forest Service
Medicine Bow-Routt National Forests

Laramie Ranger District
(307) 745-2300

Season Pass or Day Use Parking Fee Required at Developed Trailheads

Revised 6/07
FOLLOW THE TRACKS ON THE MEDICINE BOW RAIL-TRAIL

SUSTAINING RESOURCES
Follow the tracks of the Laramie, Hahn's Peak, and Pacific Railroad, and learn how it hauled timber, coal, and cattle to support the livelihood of early loggers, miners and ranchers.
The Medicine Bow National Forest still supports diverse wildlife, wetlands, forests, grazing lands, natural and historic features, and recreation opportunities.

Please help protect these resources for future generations.

TRAIL ETHICS
- Motorized vehicles are prohibited on the trail.
- Stay on trail to reduce erosion.
- Control dogs by leash or voice.
- Pick up after your dog.
- Respect private property and closures.
- Leave structures and artifacts intact for future visitors to enjoy.
- Avoid introducing noxious weeds, check your bike for "hitchhikers."

BE AWARE
- WEATHER:
  Clear, sunny days can quickly turn to afternoon thunderstorms. For your safety, carry raingear. Snow is possible any time of year.

- HIGH ALTITUDE SICKNESS:
  This trail is over 9,000 feet elevation. Drink plenty of water. Watch for symptoms: Headache, nausea, shortness of breath, loss of appetite and insomnia. Descend immediately if these symptoms persist and seek medical advice.

- WILDLIFE:
  Respect wildlife. Never approach or feed any wild animal. Be aware of your surroundings and monitor young children. Wildlife you may see include moose, mountain lion, black bear, elk, deer and antelope.
**TIPS & ETIQUETTE**

- Always be on the lookout for other users, especially around blind corners or steep hills.
- Ride in control & allow faster riders to pass.
- Observe the system of courtesy yielding shown on the vicinity map to the left.
- Do not cut switchbacks; stay on established trails.
- Avoid trail usage after heavy rains and during snowmelt. Do not ride off-trail around obstacles.
- Mileages are approximate and should be used for general reference purposes only.
- Dogs are permitted here, however the following must be observed in order to continue this privilege: 
  - Dogs must be leashed or under voice control at all times.
  - It is the owner's responsibility to ensure that their dog does not interfere with other users' safety & enjoyment.
- You are responsible for your own safety. Know your limits and be prepared for the unexpected, especially abrupt weather changes. The Forest Service does not sign, manage, or control all hazards.
- Trailhead logbooks are for management and reference purposes. They are only checked if someone reports you missing.

---

**POLE MOUNTAIN**

**Summer Trails**

USDA Forest Service
Medicine Bow-Routt National Forests
Laramie Ranger District
(307) 745-2300

In Cooperation with the Medicine Bow Mountain Bike Patrol and the Laramie Bicycling Network

**Season Pass or Day Use Parking Fee Required at Developed Trailheads**

---

*The United States Department of Agriculture (USDA) prohibits discrimination in all its programs and activities on the basis of race, color, national origin, sex, religion, age, disability, political beliefs, sexual orientation, and marital or family status. (Not all prohibited bases apply to all programs). Persons with disabilities who require alternative means for communication of program information (Braille, large print, audio tape, etc.) should contact the USDA's Target Center at 202-720-2600 (voice and TDD). To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Ave., SW, Washington, DC 20250, or call 202-720-5964 (voice or TDD). USDA is an equal opportunity provider and employer.*